

Student Well-Being signs to look for

Visual: what you see as the fieldwork educator

- **Behavioral:** irritability, withdrawn, avoiding, change in physical appearance, poor participation, short tempered
- **Cognition:** forgetful, easily distracted, preoccupied with personal events, disorganized thinking
- **Emotional:** increased anxiety, crying/tearfulness, low self-confidence, appearing overwhelmed, scared to make mistakes, withdrawn
- **Health:** continually sick, psychosomatic complaints, headaches, poor nutrition, excessively tired

Verbal: what you hear the student say out loud

Students say they are:

- Stressed/ Tired
- Having a hard time being away from home
- “I can’t do this” “This is so much work” or “This is too much”
- “I don’t want to do this”
- Stating repeated family/personal challenges and concerns

Performance:

Watch for:

- Inconsistent attendance/Tardiness
- Poor time management
- Lack of follow through
- Lack of initiation
- Not implementing feedback

If you are concerned about a student’s health and well-being, initiate a supportive conversation with the student, document concerns, and contact the Academic Fieldwork Coordinator, Missy Neff, for guidance.

CONTACT/RESOURCES

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