

Name _____

Mailing address _____

Phone _____

Email _____

Agency _____

Registration for Friday's professional workshops

Preregistration required for Friday's professional workshop by April 29, 2022

I will attend the **Friday's afternoon professional workshop** \$20

Friday's afternoon workshop is for master or doctoral level mental health professionals.

To pay by check, please return this registration, with your check made out to Casper College, to:
Casper College Counseling
Attn: Kelly Green
125 College Drive • Casper, WY 82601

To pay with a credit card, please email your registration information to Kelly Green at kelly.clark@caspercollege.edu and call Casper College Accounting Dept. at 307-268-2244 to make your payment.

Wellness Conference

April 28-29, 2022

Walter H. Nolte Gateway building, Room 225
 Casper College campus

TOTAL OF 12 CEU'S AVAILABLE

For more information, please contact Kelly Green

Casper College Wellness Center
 307-268-2621 • kelly.clark@caspercollege.edu
caspercollege.edu/events/wellness

Wellness Conference sponsored by:



Casper College

Casper College is an equal opportunity institution and as such, does not discriminate on the basis of race, sex, color, national origin, religion, age, veteran status, political affiliation, disability, sexual orientation, gender identity, or any other characteristic protected under applicable federal, state, or local law in admission or access to or treatment or employment in its educational programs or activities. Direct inquiries or complaints concerning Title IV, Title IX, and Section 504 to Linda Toohey, associate vice president for student services, at 125 College Dr., Casper, WY 82601, 307-268-2667, or linda.toohey@caspercollege.edu, or the U.S. Department of Education, Office for Civil Rights, 1244 Speer Blvd., Ste. 310, Denver, CO 80204-3582, 303-844-5695 or TDD 303-844-3417.

Wellnessconference

April 28-29, 2022

Casper | Counseling
 College | Services
 Casper College campus

Total of 12 CEU's available!

Wellness Conference Schedule of Events

Thursday, April 28, 2022

9 a.m. – 10:20 a.m. “Human Trafficking: Younger People are Vulnerable to Exploitation”

Rhonda Covington, PCSW

An estimated 40 million people worldwide are victims of trafficking and exploitation; 25% of those are children. Participants will learn how to recognize labor and/or sex trafficking and exploitation, as well as what makes specific populations more vulnerable. We will also discuss how we can prevent trafficking and exploitation as practitioners and caregivers.

10:30 a.m. – 11:50 a.m. “Mental Health Needs More Occupational Therapists”

*Jenny Lok, MOTR/L; Sara Vigneri, COTA/L;
Sara Sherman, COTA/L; Emily Newman, COTA/L;
Katie Bays, COTA/L; Ashley Larimore, COTA/L*

Occupational therapists and occupational therapy assistants help clients participate in their desired occupations with the therapeutic use of everyday activities, based on their personal interests and needs. Occupational therapy, OT, considers the complex relationship between the client, the activity, and the environment in which the activity takes place. OT has roots in mental health though is underutilized in the field. This presentation will review specialized OT concepts through the developmental life span related to an occupational therapist’s client-centered approach to mental health. The session will include experiential components, along with current research and knowledge from experienced practitioners.

LUNCH

Each attendee will be responsible for their own lunch.

Refreshments will be provided throughout the conference.

1 p.m. – 2:20 p.m. “Pandora, Joseph and the Goat: Exploring the Link Between Scapegoating, Sacrifice, Self-Sacrifice and Suicide”

Jamie Egolf, MSW, LCSW

Why does Wyoming have such consistently high suicide rates? The field of suicidology often considers the following variables: isolation, loneliness, lack of connection, severe trauma, loss of a spouse and other situational crises, possession of firearms, opioid and other drug overdose – all of which have merit. Other possible aspects to understanding the whole picture are more instinctive and archetypal: scapegoating, sacrifice and self-sacrifice. The presenter will link these concepts with other diagnostic criteria as a way to assess those experiencing suicidal ideation.

2:30 p.m. – 3:50 p.m. “Grief: It’s All Complicated”

Joanne Theobald, MSW, LCSW

The COVID pandemic is causing a second wave of public health concerns, among those grieving deaths of loved ones as well as in the general population as we adapt to more ambiguous forms of loss. The grief process is highly individualized and working with the bereaved presents many challenges. This didactic session will discuss best practices for assessment and treatment of the bereaved with a specific focus on prolonged grief disorder therapy.

Friday, April 29, 2022

9 a.m. – 10:20 a.m. “Creating Inclusive Environments to Combat Minority Stress”

Kristina Pham, MS

Research has shown that when minority individuals experience prejudice and discrimination their stress response is highly activated, putting them at greater risk for adverse physical and mental health reactions. This didactic presentation will address what the minority stress theory is and how it impacts our clients. Participants will learn strategies to create inclusive environments to provide enhanced care for minority individuals.

10:30 a.m. – 11:50 a.m. “Inclusive Practice for Transgender and Gender Nonbinary Clients”

Amanda DeDiego, PhD, NCC, BC-TMH

Transgender and gender non-conforming, TGNC, community members are at risk for numerous adverse social, health, and health-care related outcomes and disparities. TGNC clients require specialized care and professional counselors can play a central role in supporting and providing competent care to this population. This workshop will provide participants with an overview of the WPATH health care standards for transgender clients, facilitate a review of gender dysphoria, DSM V, and invite participants to consider ways to creating affirming practices and environments for TGNC clients.

LUNCH

1 p.m. – 3:50 p.m. “Using Creativity to Explore Ethical Decision Making”

R. Paul Maddox, PhD, LPC, NCC

In this presentation, the benefits of utilizing an ethical decision-making model to facilitate the development of ethical decision-making for helping professionals will be reviewed. Participants will engage in experiential and creative arts activities to help facilitate their ethical decision-making process. Strategies for ethical decision-making will also be discussed.

As a way to welcome everyone back to the Wellness Conference this year we are offering Friday’s afternoon workshop at a discounted rate. This workshop is designed for master or doctoral level mental health professionals and requires preregistration and payment.

Includes 3 Ethics CEUS!

We hope to see you all there!