Casper College Course Syllabus
PEAC 200 Personal Fitness

Semester/Year: Spring 2016

Lecture Hours: 0 Lab Hours: 0 Credit Hours: Audit

Class Time: TBA Days: MTWTHFS Room: Fitness Center 163

Instructor’s Name: Dan Dalen

Instructor’s Contact Information:
Office Location: TB 163 Office Phone: 268-2518 Email: ddalen@caspercollege.edu
Fitness Center: 268-2553

Office Hours: M 9:00-9:50, Tu 11:00-11:50, W 8:00-9:50, Th 11:00-11:50

Course Description: This physical education activity course is designed as an open laboratory to allow each student the benefit of setting his or her own schedule.

Prerequisites: None

Goal: To offer opportunity for non-credit seeking students to workout in the Casper College Fitness Center

Outcomes: There are no formal outcomes for this Audit course

Methodology: Open lab

Evaluation Criteria: There are no evaluation criteria

Required Text, Readings, and Materials: None

Class Policies: Last Date to Change to Audit Status or to Withdraw with a W Grade: Not needed for this course

Student Rights and Responsibilities: Please refer to the Casper College Student Conduct and Judicial Code for information concerning your rights and responsibilities as a Casper College Student.

Chain of Command: If you have any problems with this class, you should first contact the instructor to attempt to solve the problem. If you are not satisfied with the solution offered by the instructor, you should then take the matter through the appropriate chain of command starting with the Department Head/Program Director, the Dean, and lastly the Interim Vice President for Academic Affairs.

Academic Dishonesty: (Cheating & Plagiarism) Casper College demands intellectual honesty. Proven plagiarism or any form of dishonesty associated with the academic process can result in the offender failing the course in which the offense was committed or expulsion from school. See the Casper College Student Code of Conduct for more information on this topic.

Official Means of Communication: Casper College faculty and staff will employ the student’s assigned Casper College email account as a primary method of communication. Students are responsible to check their account regularly.

ADA Accommodations Policy: If you need academic accommodations because of a disability, please...
inform me as soon as possible. See me privately after class, or during my office hours. To request academic accommodations, students must first consult with the college’s Disability Services Counselor located in the Gateway Building, Room 344, (307) 268-2557, bheuer@caspercollege.edu. The Disability Services Counselor is responsible for reviewing documentation provided by students requesting accommodations, determining eligibility for accommodations, and helping students request and use appropriate accommodations.

SCHEDULE:

FITNESS CENTER  Spring Hours:
Monday - Thursday:  6:00 a.m. – 9:00 p.m.
    Friday:  6:00 a.m. – 6:00 p.m.
    Saturday:  8:00 a.m. – 3:00 p.m.
Closed Sunday