CASPER COLLEGE COURSE SYLLABUS  
School of Health Science  
HLTK 1875 01: Gerontology Practicum

Semester/Year:  Spring 2016

Lecture Hours:  0  
Lab Hours:  6 per week  
Credit Hours:  3

Class Time:  NET  
Days:  NET  
Room:  NET

Instructor’s Name:  Theresa Robinett, MOT, OTR/L  
Certificate Program Coordinator  
Occupational Therapy Assistant Program Instructor

Instructor’s Contact Information:  
Office Phone:  (307) 268-3112  
E-mail:  theresa.robinett@caspercollege.edu

Office Hours:  Monday 1:00-1:50 pm, Tuesday 1:00-1:50 pm, Wednesday 1:00-3:50 pm and Friday (by appointment) 10:00 am- 12:00 pm (noon)

Course Description:  This course is designed to provide a general overview of the overall effects of aging, and the common diagnoses and conditions seen in geriatric clients. The course practicum will focus on educating the students about the importance of health and wellness, and safety and fall prevention in the geriatric population. The students will work with geriatric clients within the community and their homes to address general strengthening and balance exercises, will educate the clients about health and wellness resources available in the community and provide general home reviews for safety recommendations within the client’s home.

Statement of Prerequisites:  HLTK 1625 or equivalent CPR certification

Goals:  Upon completion of this course, students will develop an understanding of the following:

1. Working with the geriatric population and specific considerations needed to work with this population
2. Identifying community resources available to address health and wellness in geriatrics
3. Identifying safety considerations within the home and community for the geriatric population
4. Learning how to reduce or prevent falls in the community and at home
5. Identifying various professionals who work with geriatric clients

Students will be introduced to important concepts about gerontology, health and wellness in geriatric population, safety considerations and performing home reviews.
Outcomes: Upon completion of the course, students will be able to:
1) Understand the effects of aging while working with the geriatric population and understand specific considerations that are needed to work with this population
2) Identify community resources available to address health and wellness in geriatrics
3) Identify safety considerations within the home and community for the geriatric client
4) Know how to reduce or prevent falls in the community and at home
5) Work with various professionals who work with geriatric clients
6) Demonstrate effective oral and written communication
7) Solve problems using critical thinking and creativity
8) Use appropriate technology and information to conduct research

Methodology: Learning experiences to be used in this class include lectures, written assignments, interactive projects, work experiences, reading assignments, problem solving activities and meeting with instructor and/or supervisor. The majority of the course work will be at facility placements. Assignments will be developed with instructor to enhance learning at the various clinical sites.

Evaluation Criteria:
Introduction Activity 5 points
2 Assignments (50 points each) 100 points
Site Performance Progress
Logs (4 at 10 points each) 40 points
Weekly Discussions (10 at 5 points each) 50 points
Final Project 50 points
Professionalism 25 points
Practicum Hours Completed 50 points

<table>
<thead>
<tr>
<th>Hours Completed</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>51-60</td>
<td>50</td>
</tr>
<tr>
<td>41-50</td>
<td>40</td>
</tr>
<tr>
<td>31-40</td>
<td>30</td>
</tr>
<tr>
<td>21-30</td>
<td>20</td>
</tr>
<tr>
<td>11-20</td>
<td>10</td>
</tr>
<tr>
<td>≤ 10</td>
<td>0</td>
</tr>
</tbody>
</table>

TOTAL 320 points

It is expected students will have assignments turned in on the due date. 10% per day will be deducted from the grade for each day an assignment is late.

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>84 – 92%</td>
<td>(B) Superior</td>
</tr>
<tr>
<td>75 – 83%</td>
<td>(C) Average</td>
</tr>
<tr>
<td>66 – 74%</td>
<td>(D) Deficient</td>
</tr>
<tr>
<td>65 and below</td>
<td>(F) course failure</td>
</tr>
</tbody>
</table>

A student with 75% or less at mid-term will receive a deficiency
Casper College may collect samples of student work demonstrating achievement of the above outcomes. Any personally identifying information will be removed from student work.

Required Text, Readings, and Materials:

Class Policies: Last Date to Change to Audit Status or to Withdraw with a W Grade:
April 16, 2015

Student Rights and Responsibilities: Please refer to the Casper College Student Conduct and Judicial Code for information concerning your rights and responsibilities as a Casper College Student.

Chain of Command: If you have any problems with this class, you should first contact the instructor to attempt to solve the problem. If you are not satisfied with the solution offered by the instructor, you should then take the matter through the appropriate chain of command starting with the Department Head / Program Director, the Dean and lastly the Interim Vice President for Academic Affairs.

Academic Dishonesty: (Cheating & Plagiarism) Casper College demands intellectual honesty. Proven plagiarism or any form of dishonesty associated with the academic process can result in the offender failing the course in which the offense was committed or expulsion from school. See the Casper College Student Code of Conduct for more information on this topic.

Official Means of Communication: Casper College faculty and staff will employ the student’s assigned Casper College email account as a primary method of communication. Students are responsible to check their account regularly.

ADA Accommodations Policy: If you need academic accommodations because of a disability, please inform me as soon as possible. See me privately after class or during my office hours. To request academic accommodations, students must first consult with the college’s Disability Services Counselor located in the Gateway Building, Room 344, (307) 268-2557, bheuer@caspercollege.edu. The Disability Services Counselor is responsible for reviewing documentation provided by students requesting accommodations, determining eligibility for accommodations, and helping students request and use appropriate accommodations.
<table>
<thead>
<tr>
<th>DATE</th>
<th>TOPIC</th>
<th>ASSIGNMENT (readings recommended)</th>
</tr>
</thead>
</table>
| Week of January 17   | • Introduction to class  
                      • Confidentiality / Guidelines  
                      • Terminology: Gerontology/ Gerontics              |                                                   |
| Week of January 24   | • Demographic Trends on Aging  
                      • Social Gerontology                                | Ch. 1, 2                                          |
| Week of January 31   | • Physiological and Pathological Effects of Aging  
                      • Balance and General Strengthening                | Ch. 3 Weekly Discussion #1 Due                     |
| Week of February 7   | • Cognitive Changes  
                      • Psychological Changes                               | Ch. 4 Weekly Discussion #2 Due                     |
| Week of February 14  | • Sensory Changes Associated with Aging  
                      • Low Vision and Safety                               | Pgs. 67-70, Ch. 5 Weekly Discussion #3 Due         |
| Week of February 21  | • Safety Awareness within the Home and Community  
                      • Home Safety Checklist  
                      • Fall Prevention                                      | Ch. 10 Progress Log #1 Due Weekly Discussion #4 Due |
| Week of February 28  | • Pharmacotherapy and Geriatrics                                       | Ch. 6 Assignment #1 Due                             |
| Week of March 6      | • Nutrition and Aging  
                      • Overall Health and Wellness  
                      • Oral Health                                           | Ch. 7, 8 Weekly Discussion #5 Due                   |
| March 13             | SPRING BREAK                                                           |                                                   |
| Week of March 20     | • Leisure Exploration and the Geriatric Client                        | Progress Log #2 Due Weekly Discussion #6 Due       |
| Week of March 27     | • Common Diagnoses seen in the Geriatric population                    | Weekly Discussion #7 Due                           |
| Week of April 3      | • Cardiopulmonary considerations of the geriatric population  
                      • Cardiac Conditions- MI, CHF, CAD, etc.  
                      • Pulmonary Conditions- COPD, Emphysema, Oxygen use | Weekly Discussion #8 Due                           |
| Week of April 10     | • Orthopedic Considerations of the geriatric population  
                      • Arthritis- RA, OA, arthritic changes  
                      • Joint Replacements                                 | Weekly Discussion #9 Due                           |
<p>| Week of April 17     | • Professionals that work with Geriatric clients                       | Introduction, Ch. 12 Weekly Discussion #10 Due     |</p>
<table>
<thead>
<tr>
<th>DATE</th>
<th>TOPIC</th>
<th>ASSIGNMENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week of April 24</td>
<td>• Community Resources</td>
<td>Assignment #2 Due</td>
</tr>
<tr>
<td>Week of May 1</td>
<td>• Wrap up with community sites</td>
<td></td>
</tr>
<tr>
<td>Week of May 8</td>
<td>• Final Project/ Presentation</td>
<td>Final Project Due</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Progress Log #4 Due</td>
</tr>
</tbody>
</table>