CASPER COLLEGE COURSE SYLLABUS
School of Health Science
HLTK 1865 H1 Equine Assisted Therapy Practicum

Semester/Year: Spring 2016

Lecture Hours: 0     Lab Hours: 6 per week     Credit Hours: 3

Class Time: NET     Days: NET     Room: NET

Instructor’s Name: Karol Santistevan
PATH TRI
Occupational Therapy Assistant Program Instructor

Instructor’s Contact Information:
Office Phone: (307) 268-2061
E-mail or phone: leave voice message if unavailable or text
(307) 267-7416 *
E-mail: karol.santistevan@caspercollege.edu
director@reach4astar.org

Office Hours: Tuesday 10:00am – 12:00pm LH 113C

Course Description: This course is designed to provide hands on experience with various aspects of equine assisted therapy. Students will participate in activities to incorporate concepts of general equine care and handling, utilizing riding and equine management from a therapeutic perspective, and addressing mental health and physical disability through equine assisted therapy.

Statement of Prerequisites: None

Goals: Upon completion of this course students will develop an understanding of:
1. Safety considerations with equine care and handling
2. Horse movement and its relation to posture with riders
3. Horse care and maintenance
4. Equine assisted therapy concepts in mental health
5. Utilizing equine assisted therapy for at risk populations and physical disability

Outcomes: Upon completion of this course students will be able to:
1. Rationalize a general idea of matching horses to riders for the best fit
2. State specific safety considerations and contraindications
3. Articulate the concepts of equine assisted therapy for various populations
4. Demonstrate appropriate assistance with trained personnel in providing equine assisted therapy
5. Understand the roles of various professionals involved in the process of equine assisted therapy

Methodology: Learning experiences to be used in this class include lectures, written assignments, interactive projects, work experiences, reading assignments, problem solving activities and meeting with instructor and/or supervisor. The majority of the course work will be at facility placements. Assignments will be developed with instructor to enhance learning at the various clinical sites.

Evaluation Criteria:
- 2 Assignments (50 points each) 100 points
- 3 Quizzes (10 points each) 30 points
- Final Project 50 points
- Site Performance Progress Logs (7 at 10 points each) 70 points
- Professionalism 50 points
- TOTAL 300 points

It is expected students will have assignments turned in on the due date. 5% per day will be deducted from the grade for each day an assignment is late.

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<thead>
<tr>
<th>Score Range</th>
<th>Grade</th>
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<tbody>
<tr>
<td>93-100%</td>
<td>(A) Marked Excellence</td>
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<tr>
<td>84 – 92%</td>
<td>(B) Superior</td>
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<tr>
<td>75 – 83%</td>
<td>(C) Average</td>
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<tr>
<td>66 – 74%</td>
<td>(D) Deficient</td>
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<tr>
<td>65 and below</td>
<td>(F) course failure</td>
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A student with 75% or less at mid-term will receive a deficiency

Recommended Text, Readings, and Materials: Therapeutic Riding I: Strategies for Instructions (2 book set). Other material provided through course of practicum experience.

Class Policies: Last Date to Change to Audit Status or to Withdraw with a W Grade: April 14, 2016

Student Rights and Responsibilities: Please refer to the Casper College Student Conduct and Judicial Code for information concerning your rights and responsibilities as a Casper College Student.

Chain of Command: If you have any problems with this class, you should first contact the instructor to attempt to solve the problem. If you are not satisfied with the solution offered by the instructor, you should then take the matter through the appropriate chain of command starting with the Department Head / Program Director, the Dean and lastly the Interim Vice President for Academic Affairs.

Academic Dishonesty - Cheating & Plagiarism: Casper College demands intellectual honesty. Proven plagiarism or any form of dishonesty associated with the academic process can result in the offender failing the course in which the offense was committed or expulsion from school. See the Casper College Student Code of Conduct.
**Official Means of Communication:** Casper College faculty and staff will employ the student’s assigned Casper College email account as a primary method of communication. Students are responsible to check their account regularly.

**ADA Accommodations Policy:** It is the policy of Casper College to provide appropriate accommodations to any student with a documented disability. If you have a need for accommodation in the course, please make an appointment with our Accommodative Services Counselor at 268 – 2557.

**COURSE SCHEDULE**

**Unit I: Introduction and Overview of Equine Assisted Therapy**

<table>
<thead>
<tr>
<th>DATE</th>
<th>TOPIC</th>
<th>ASSIGNMENT (readings recommended)</th>
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<tbody>
<tr>
<td>Week of Jan 19</td>
<td>• Introduction to Course</td>
<td>Contact instructor to set up lab times.</td>
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<td>• Reach 4A Star Riding Academy</td>
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<tr>
<td>Week of Jan 25</td>
<td>• PATH Code of Ethics</td>
<td>Read Chapters 1 &amp; 3</td>
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<td></td>
<td>• What is Equine Assisted Activities &amp; Therapies</td>
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<tr>
<td>Week of Feb 1</td>
<td>• Why Equine Assisted Activities &amp; Therapies</td>
<td>Read Chapters 4 &amp; 5</td>
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<td>Progress Log 1 Due</td>
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**Unit II: Horse and Tack Management**

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<tr>
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<tbody>
<tr>
<td>Week of Feb 8</td>
<td>• Horse Movement</td>
<td>Read Chapters 6 &amp; 7</td>
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<td></td>
<td>• Choosing the right horse for the rider</td>
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<tr>
<td>Week of Feb 15</td>
<td>• Horse health and sickness</td>
<td>Read Chapter 8</td>
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<td>• Practical Application of stable keeping</td>
<td>Progress Log 2 Due</td>
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<tr>
<td>Week of Feb 22</td>
<td>• Equine Management</td>
<td>Read Chapter 9</td>
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<td></td>
<td>• Catching a horse</td>
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<td></td>
<td>• Evaluation of skills</td>
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<tr>
<td>Week of Feb 29</td>
<td>• Tack</td>
<td>Read Chapter 18</td>
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<td>• Evaluating and selecting equipment for a rider</td>
<td>Assignment 1 Due</td>
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<td>Progress Log 3 Due</td>
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## Unit III: Therapeutic Riding – Standards and Considerations

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| Week of March 7     | • Therapeutic Riding  
                      • Disabilities  
                      • Instruction and Volunteers | Read Chapters 15 & 19                            |
| Week of March 21    | • Riding Knowledge  
                      • Evaluation of Skills | Read Chapters 22 & 23  
                      Progress Log 4 Due                         |
| Week of March 28    | • PATH the Standards Process  
                      • Practical Application of Skills in  
                      therapeutic lessons | Read Chapter 13                                  |
| Week of April 4     | • Evaluation criteria for PATH registered level instructor | Read Chapter 20  
                      Progress Log 5 Due                          |

## Unit IV: Specialty Standards and Certification

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<th>ASSIGNMENT</th>
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| Week of April 11    | • Specialty Standards and Certification  
                      • Evaluation of Skills | Read Chapter 26                                  |
| Week of April 18    | • Specialty Standards and Certification Cont…..  
                      • Evaluation of skills | Assignment 2 Due  
                      Progress Log 6 Due                         |
| Week of April 25    | • Driving – Definition and Application  
                      • PATH Driving Certification | Assignment 2 Due  
                      Read Chapter 28                              |
| Week of May 2       | • Interactive Vaulting  
                      • PATH interactive vaulting certification  
                      • Application of Skills  
                      • Wrap up with facility | Read Chapter 29  
                      Progress Log 7 Due  
                      Final Project Due                          |
| Week of May 9       | • Final Review                                                        |                                                |