Course Number and Title:  PSYC 2260 Alcoholism  
Semester/Year:  Fall 2006  
Credit Hours: 3  
Lecture Hours: 3  
Lab Hours: 0  
Credit Hours: 3  
Class Time:  12:00 – 12:50 p.m  
Days:  MWF  
Rm:  AD 174  
Instructor's Name:  Lesley Travers, PhD, NCC, LPC, LAT, LMFT  
Instructor's Address and Office #:  125 College Drive, Casper, WY Administration Building Room 175D  
Phone #:  (307) 268-2448  
Office Hours:  M 1-2 pm; T 11am -12 pm and 3-4 pm; W 11am -12 pm; TH 11 am -12 pm; F 11 am -12 pm;  
and other times available by appointment  


Additional readings as assigned.  

Course Description:  This course provides students with an opportunity to examine the impact of alcohol abuse and alcohol addiction upon the individual, family systems, different ethnic groups and society as a whole. These impacts include physical, cognitive, legal and emotional aspects.  

General Objectives:  This course is intended as an introduction to effects of alcohol concerning symptoms, impact and treatment of alcoholism.  

Specific Objectives (Outcomes): Through participation in this course, each student will:  

1. Identify and become familiar with effects of alcohol use on the brain and behavior.  
2. Demonstrate a basic understanding and knowledge of alcoholism and its issues.  
3. Demonstrate familiarity with human behavior from a biological, sociological, psychological and spiritual context.  
4. Identify basic effects of alcoholism on society and its influence on the individual.  
5. Understand the social and political influences of alcoholism.  
6. Identify and understand alcoholism treatment methods.  

Methodology:  The instructional procedures are a combination of lectures, interactive classroom experiences, simulated activities that include role plays, and class discussions.  

Underlying Philosophy:  The education and training of addiction personnel involves assisting some clients with addiction issues, such as alcoholism. This course will introduce the beginning student to alcoholism and the field of social services and addictions. The effects of alcohol use on society are multifaceted problems that require comprehensive, multidimensional discussion.
ASSUMPTIONS ABOUT STUDENTS' ENTRY LEVEL SKILLS

This is a basic course in which students will demonstrate competencies and skills learned from the knowledge and application taught in this course. It is the belief that students will have basic life skills that they can apply to the field of addictions and in particular, alcoholism. The student’s competencies and skills will include:

1) A basic knowledge of life and its trials and tribulations;
2) Basic concept and understanding of life issues and an ability to grasp the complexity of those issues;
3) Reading and writing skills;
4) Willingness to contribute and participate in classroom discussions;

COURSE POLICIES

1. Academic honesty: The honesty policy of Casper College will be fully adhered to in this course. Grades and degrees earned through dishonest means devalue those earned by all students. Academic dishonesty involves acts that may subvert or compromise the integrity of the academic process.

2. All papers and assignments are to be turned in on time. There will be a loss of points equal to one letter grade for late submissions.

3. All work must be carefully edited and completed. Work that is below a college level standard of writing and thought will be returned. You will have the opportunity to rewrite a paper and it may automatically lose a letter grade or more depending on the quality and timeliness of the revisions.

COURSE REQUIREMENTS

1. Each student will be encouraged to attend and participate in all class meetings. Active class participation and attendance is expected. Attendance means being in class, arriving on time, and engaging in class discussions, demonstrations, and other exercises as directed. This course requires honest and open dialogue to accomplish its goals and students are expected to respect rules of confidentiality so that this class can have open and honest communication and sharing.

2. AA, NA, or Al-Anon Attendance: For those of you who have never attended a 12 step meeting before, you will be expected to attend an OPEN meeting and write a 2 page paper similar in format to your reaction papers. For those of you who have been to a meeting or are regular attendees, you are asked to write a similar paper concerning your recollections about the first time you attended a 12-step meeting. This will be worth 100 points.

3. Reaction Papers: Each student will prepare 2 reaction papers over the course of the semester. These will consist of a title page and a minimum of 2 pages of text. They are to be double-spaced. Reaction papers will receive 10 points maximum and will be graded on writing style and integration of cognitive and affective class discussion, lecture, videos, or speakers. Papers not meeting these criteria will be returned for revision. Only 1 may be submitted per week and they should cover different class topics.

4. Exams: Two exams will be given; one midterm and one final examination. Examinations will consist of short response questions. Examinations will not be comprehensive and will be worth 100 points each.
EVALUATION OF STUDENTS

AA, NA, or Al-Anon Attendance and Paper: 100 points
Reaction Papers (2): 10 points each
Midterm Exam: 100 points
Final Exam: 100 points

Grading Scale:
A= 90-100%
B= 80-89%
C= 70-79%
D= 60-69%
F= 59 and below

Last Date to Change to Audit Status or Withdraw with a W Grade: November 3, 2006

ADA Statement: It is the policy of Casper College to provide appropriate accommodations to any student with a documented disability. If you have a need for accommodation in this course, please call or email me at your earliest convenience.

Student Rights and Responsibilities: Please refer to the Casper College Student Conduct and Judicial Code for information concerning your rights and responsibilities as a Casper College Student.

Chain of Command: If you have any problems with this class, you should first contact the instructor in order to solve the problem. If you are not satisfied with the solution offered by the instructor, you should then take your problem through the appropriate chain of command starting with the department head, then the division chair, and lastly the vice president of academic affairs.

Academic Dishonesty: Cheating and Plagiarism: Casper College demands intellectual honesty. Proven plagiarism or any form of dishonesty associated with the academic process can result in the offender failing the course in which the offense was committed or expulsion from school. See the Casper College Student Code of Conduct.

Disclaimer: Information contained in this syllabus was, to the best knowledge of this instructor, considered correct and complete when distributed to the student. This syllabus cannot be considered a contract between Casper College and any student. The instructor reserves the right, acting within policies and procedures of Casper College to make necessary changes in course content or instructional techniques without notice or an obligation to the student.

ADA Statement: It is the policy of Casper College to provide appropriate accommodations to any student with a documented disability. If you have a need for accommodation in this course, please make an appointment to see me at your earliest convenience.
| Week of August 28 | Introductions and Course syllabus |
| Week of August 30 | Chapter One: Alcohol |
| Week of September 4 | Chapter Two: Alcohol and Its Costs |
| Week of September 11 | Chapter Three: Alcohol and the Body |
| Week of September 18 | Chapter Four: Alcohol Dependence |
| Week of September 25 | Chapter Five: Etiology of Alcohol Dependence |
| Week of October 2 | Chapter Six: Medical Complications |
| Week of October 9 | Chapter Seven: The Behavior of Dependence |
| October 16 | **Midterm Examination** |
| October 24 and 25 | **Fall Vacation** |
| Week of October 30 | Chapter Eight: Effects of Alcohol Problems on the Family |
| Week of November 6 | Chapter Nine: Evaluation and Treatment Overview13 |
| Week of November 13 | Chapter Ten: Treatment Techniques and Approaches |
| Week of November 20 | Chapter Eleven: Special Populations |
| Week of November 27 | Chapter Twelve: Other Psychiatric Considerations |
| Week of December 4 | Chapter Thirteen: Drugs of Abuse other than Alcohol |
| Week of December 11 | Chapter Fourteen: Odds ‘n’ Ends |
| Week of December 18 | **Final Examination** |