CASPER COLLEGE
COURSE SYLLABUS

COURSE NUMBER & TITLE: PEPR 2150-01 THEORY OF BASKETBALL

SEMESTER/YEAR: Fall 2006

LECTURE HOURS: 2 LABORATORY HOURS: 0 CREDITS: 2

CLASS TIME: 9:00 - 9:50 TTH ROOM: TB 158

INSTRUCTOR'S NAME: Angelo Hill

INSTRUCTOR'S OFFICE: TB 136 C
INSTRUCTOR'S PHONE: 268-2627
OFFICE HOURS: 11:00 a.m. – 11:50 a.m. MTWTHF

COURSE DESCRIPTION: Methods of coaching offense and defense, styles of play, strategy, training and diet, and rules of interpretation.

EXTENDED COURSE DESCRIPTION: A study of coaching theory and techniques, which relate to actual coaching of a sport. Designed to assist the varsity coach.

STATEMENT OF PREREQUISITES: None

GOAL: 1. To give students a thorough knowledge of basic basketball fundamentals and methods of teaching them.
2. To give students an understanding of why a philosophy of coaching is necessary and to help each student develop a personal philosophy of basketball coaching.

OUTCOMES:
1. To present to the student a comprehensive coverage of the various offenses and defenses in basketball.
2. To teach the student the importance of how to plan practice sessions.
3. To teach the student how to scout an opponent.
4. To give the student an understanding of the necessity for charting and a knowledge of the various charts that can be used.
5. To give students a basic knowledge of game strategy.
6. To give the student an understanding of auxiliary coaching responsibilities, including how to use assistant coaches and managers, how to select the squad, how to purchase equipment, the and the host of other responsibilities related to coaching success.
7. To give the student an awareness of the reference materials available to the coach and an understanding of their value.

METHODOLOGY: A large portion of the class is primarily lecture. Audio-visual study, on the floor participation, outside readings and assignments of projects will also be required.
EVALUATION CRITERIA:
1. 4 unit tests
2. Coaching notebook and philosophy
3. (3) 1 page abstracts on selected topics
4. Scouting report and a written report on the teams that are scouted.

Attendance Policy: Attendance is of utmost importance and PEPR professors expect you to attend all classes. On rare occasions, it may be impossible for you to attend class. If you have a valid excuse for missing, please contact your professor. More than two unexcused absences will hurt you one letter grade for each absence over two.

Grading

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>A</td>
<td>90 - 100%</td>
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<tr>
<td>B</td>
<td>80 - 89%</td>
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<tr>
<td>C</td>
<td>70 - 79%</td>
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<td>D</td>
<td>60 - 69%</td>
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<td>F</td>
<td>59% and below</td>
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**NOTE**: NO TEST WILL BE MADE UP IF STUDENT DOES NOT HAVE AN EXCUSED ABSENCE.

TOTAL POINTS POSSIBLE = 1200

* Each Unit Test will be worth 100 points (4) 1200 = A
* Each Abstract will be worth 50 points (3) 1100 = B
* Scouting Report will be worth 100 points 1000 = C
* Coaching Notebook will be worth 500 points 900 = D
** Extra Credit will be worth 50 points 800 = F


CLASS POLICIES: Last Date to Change to Audit Status or to withdraw with a W Grade: Please refer to current Casper College catalog.

STUDENT RIGHTS AND RESPONSIBILITIES: Please refer to the Casper College Student Conduct and Judicial Code for information concerning your rights and responsibilities as a Casper College Student.

Chain of Command: If you have any problems with this class, you should first contact the instructor in order to solve the problem. If you are not satisfied with the solution offered by the instructor, you should then take your problem through the appropriate chain of command starting with the department head, then the division chair, and lastly the vice president for academic affairs.

Academic Dishonesty - Cheating & Plagiarism: Casper College demands intellectual honesty. Proven plagiarism or any form of dishonesty associated with the academic process can result in the offender failing the course in which the offense was committed or expulsion from school. See the Casper College Student Code of Conduct.

ADA Accommodations Policy: It is the policy of Casper College to provide appropriate accommodations to any student with a documented disability. If you have a need for accommodation in this course, please make an appointment to see me at your earliest convenience.
CALENDAR/SCHEDULE:

Course Outline:

1. *Basic Foundation for Coaching Success*
   a. Philosophy of Coaching
   b. Shooting
   c. Passing
   d. Dribbling
   e. Individual Offense
   f. Individual Defense
   g. Rebounding
   h. Conditioning

2. *Team Offensive Formations and Plays*
   a. Selecting and Teaching Team Offense
   b. The Single-Post Offense
   c. The Double-Post Offense
   d. The Tandem Post, or 1-3-1 Offense
   e. The 1-4 Offense
   f. The Shuffle or Wheel Offense
   g. The Passing or Motion Game
   h. Zone Offense
   i. The Fast Break Offense
   j. Attacking Pressing Defenses
   k. Out-of-Bounds Plays
   l. The Jump-Ball Situation
   m. Delay or Freeze Patterns

3. *Team Defensive Formations and Techniques*
   a. Selecting and teaching team defense
   b. Man-for-Man Team Defense
   c. Zone Defense
   d. Pressing Defenses
   e. Combination Defenses

4. *Organization and Techniques for Better Coaching*
   a. Practice Organization
   b. Charting
   c. Scouting
   d. Game Strategy
   e. Auxiliary Coaching Responsibilities