CASPER COLLEGE COURSE SYLLABUS
NRST 1500

Semester/Year: Fall 2006

Lecture Hours: 30  Lab Hours: 30  Clinical Hours: 15
Credit Hours: 3

Class Time: 7:00 AM – 10:00 AM  Days: Monday, Thursday and Friday
Room: HS 224

Lab Times: 11:00 - 2:30 PM  Days: Mondays and Thursdays
11:00 - 3:00 PM  Fridays

Lab and Clinical: Shepherd of the Valley Care Center
60 Magnolia St. Paradise Valley  Phone: 234-9381

Instructor’s Name: Nubia Arana RN, BS
Lab Instructor: Hazel Suedes RN

Instructors’ Contact Information: If you are unable to contact instructors, you may leave a message on their voice mail or contact the Academic Assistant, Teresa Millan, at 268-2235, Office: HS 202

Office Phone: Nubia Arana 268-2282  Office: HS 103
Hazel Suedes 234-9381 (only during lab days 1 hr. prior and after the schedule lab)

E-mail: Nubia Arana narana@caspercollege.edu

Course Description: This course is designed to provide concepts and skills of caring for residents of long-term care facilities to entry-level and experienced nursing assistants. Will enable graduates to become eligible for certification and to function in the field of medical care.

Statement of Prerequisites:
- Current American Heart Association Healthcare Provider Cardiopulmonary Resuscitation or American Red Cross Cardiopulmonary Resuscitation for the Professional Rescuer.
- Current PPD (TB skin test)

Goals:
1. To provide students with basic entry level knowledge and skills necessary to provide assistive care to residents of long term care facilities.

2. To complete and submit the application for nursing assistant certification/examination registration required by the Wyoming Board of Nursing and become a Certified Nurse Assistant.

Outcomes: Upon completion of the program, the student should be able to:
1. Describe the role of the nursing assistant.
2. Identify all aspects of Residents’ Rights
3. Identify the concepts and principles of ethics and professionalism.
4. Demonstrate principles of infection control, safety and emergency procedures.
5. Recognize abnormal changes in body functioning in all physiological systems.
6. Demonstrate effective and appropriate communication techniques with residents, family and staff.
7. Recognize the resident as a unique individual with biological, psychological, sociological, cultural and spiritual needs.
8. List the special needs of the elderly.
9. Describe the stages of human development.
10. Identify physical, psychological and social changes of aging.
11. Describe the ethical-legal considerations of the nurse assistant’s role.
12. Demonstrate satisfactory competency in the performance of basic resident care skills.
   A. Students shall not perform any services for which they have not been trained and found to be proficient by the instructor; and
   B. Students will only practice skills under the supervision of the Board approved instructor.
13. Submit the application for Nursing Assistant Certification/Examination registration
14. Successfully pass the written and manual skills examination for state certification.

Methodology: Lecture/discussion, audiovisual, workbook, campus laboratory and clinical

Evaluation Criteria:
1. There will be three tests and one comprehensive final examination over lecture, a workbook and laboratory content.

2. Points will also be awarded for class, laboratory, and clinical practicum punctuality, as well as for completing and submitting the application for nursing assistant certification/examination registration.

3. Due to the rapid pace of this course, the sequence of the material presented, and the practical application of the material in the laboratory, attendance and participation during class and laboratory are mandatory at all sessions.

4. The student must receive a grade of 375 points (C) or better and attend the clinical practicum to pass the course.

5. Students coming to class unprepared or overly tired will be asked to leave the classroom; any missing time will required withdrawing from the class.

6. Each student will be required to turn in completed workbook the last schedule lab day in order to received all allowed points. No exceptions will be made. Progress completing the workbook is expected throughout the class.

7. Each student will be required to do a return demonstration of skills presented to them in the course (see procedure check list). The instructor will sign the C.N.A Procedure
Checklist; no other signature will be accepted. Signing of these procedure checklists indicates that you can accurately and safely perform these skills in the clinical setting.

8. Each student must complete the procedure check list BEFORE RESIDENT CONTACT otherwise student will not be able to go to clinicals automatically earning an unsatisfactory for the skills portion of the course. Each student must pass both written (lecture) and skill (lab) portions of the C.N.A course in order to be eligible to take the State Board exam for certification.

9. Should the instructor evaluate a student as unsafe to provide competent care posing a risk to a resident, the student will be given the opportunity for additional practice of skills. Should the student remain unable to competently or successfully demonstrate the procedure, he/she will not be issued a passing score for the clinical portion of the Course.

10. After completion of the course, the student must pass written and performance examinations which are scheduled and administered by representatives of the Wyoming State Board of Nursing, in order to achieve certification as a nursing assistant.

11. Please note that Wyoming is a mandatory licensure state. A person MUST have a certification in order to work in the State of Wyoming. Exception: Once hired as a nurse aide, you must be certified within 4 months. The nurse aide CANNOT go from facility to facility. The facility CANNOT terminate and then rehire the nurse aide. All certificates expire on December 31 or EVEN years. If the person has not renewed by December 31, they can no longer work because the certificate is no longer valid. Working without a certification may be grounds not to re-certify a person in Wyoming. In addition, it is a criminal misdemeanor to practice as a nurse/nurse aide without a valid Wyoming license or certificate.

<table>
<thead>
<tr>
<th>GRADING:</th>
<th>POINTS:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Punctuality at each lecture</td>
<td>8 classes x 2 points</td>
</tr>
<tr>
<td>Punctuality at each lab session</td>
<td>8 sessions x 2 points</td>
</tr>
<tr>
<td>Punctuality at each clinical practicum</td>
<td>2 sessions x 5 points</td>
</tr>
<tr>
<td>Tests over lecture/ lab content</td>
<td>3 tests x 100 points</td>
</tr>
<tr>
<td>Final examination</td>
<td>100 points</td>
</tr>
<tr>
<td>Completion/sending of application</td>
<td>20 points completion</td>
</tr>
<tr>
<td>Workbook</td>
<td>8 sending application</td>
</tr>
<tr>
<td></td>
<td>= 100</td>
</tr>
<tr>
<td></td>
<td>= 28</td>
</tr>
<tr>
<td></td>
<td>= 30</td>
</tr>
<tr>
<td></td>
<td>Total = 500</td>
</tr>
</tbody>
</table>

| Course grade point ranges                     | Test grade point ranges |
| A = 455-500 points                           | A = 91- 100             |
| B = 415-454 points                           | B = 83 - 90             |
| C = 375-414 points                           | C = 75 - 82             |
| D = 350-374 points                           | D = 70 - 74             |
| F = 349 points or below                      | F = 0 - 69              |

A grade of 375 points (C) or better must be obtained to pass this course.
Required Text, Readings, and Materials:

The Nursing Assistant Care. By Hartman Publishing, Inc. with Susan Alvare, Diana Dugan RN, and Jetta Fuzy, RN, MS (2005)
The Nursing Assistant Care Workbook. Hartman Publishing, Inc.

Class Policies:

1. Attendance is mandatory to all lectures, labs, and clinicals. The State Nursing Board requires that the nursing assistants complete 75 hours of classroom, laboratory and clinical experience before they are eligible to take the certified nursing assistant exam.

2. DEADLINE FOR WITHDRAWAL: 5 PM date of class # 6 ____________________

Confidentiality: You are responsible for resident/client and family confidentiality in every clinical setting.

Conduct: Please be advised that participation in this course may require physical contact with residents, peers, and/or faculty.

There is an expectation that students will conduct themselves in a civil and respectful manner during class sessions and in individual interactions with their instructors and peers. Cell phones must be turned off or on vibrate during class and calls returned or placed during breaks. Cell phones and/or palm pilots may not be taken out after exams or quizzes until all exams and quizzes have been turned in.

Student Rights and Responsibilities: Please refer to the Casper College Student Conduct and Judicial Code for information concerning your rights and responsibilities as a Casper College Student.

Chain of Command: If you have any problems with this class, you should first contact the instructor in order to solve the problem. If you are not satisfied with the solution offered by the instructor, you should then take your problem through the appropriate chain of command starting with the department head, then the division chair, and lastly the vice president for academic affairs.

Academic Dishonesty - Cheating & Plagiarism: Casper College demands intellectual honesty. Proven plagiarism or any form of dishonesty associated with the academic process can result in the offender failing the course in which the offense was committed or expulsion from school. See the Casper College Student Code of Conduct.

ADA Accommodations Policy: It is the policy of Casper College to provide appropriate accommodations to any student with a documented disability. If you have a need for accommodation in this course, please make an appointment to see Ann Loader, Individual Learning Specialist, at your earliest convenience. She is located in AD 112A; Phone Number 307-268-2557; E-mail address aloader@caspercollege.edu.
Laboratory and Clinical Dress/Behavior Code

Students are expected to maintain the highest standards of cleanliness, neatness, professionalism, and safety. Students who do not adhere to these standards will be requested to leave the clinical and/or laboratory area and will not receive a passing grade in NRST 1500.

1. **Lab days:**
   Wear comfortable, neat pants and top, (NO T-shirts, tops showing midriff or see through blouses). Shoes must be clean, close toed (NO sandals), and comfortable for walking and working in.

   **Clinical days:**
   **SOLID NAVY BLUE** scrubs (pants and top) must be worn at the clinical site. Shoes must be clean, close toed, and comfortable for walking and working in.

2. **Name tag**
   To clinicals, which we will provide.

3. **Personal hygiene**
   It is a must. Being neat, clean, and odor-free is an extremely important responsibility of the nursing assistant. No perfume or heavily perfumed after shave is to be worn, and no lingering odors of any kind are allowed on the skin or the breath. Such odors include, but are not limited to tobacco products, topical medications, ointments or salves, foods, and beverages.

4. **Cosmetics**
   To be used in moderation for daytime wear. Fingernails should be short and neatly trimmed. Students may wear clear or pale pink nail polish only. **Artificial nails are not permitted.**

5. **Hair**
   Including facial hair must be neatly trimmed, clean, styled for safety and contained to avoid resident contact. No yarn ties, ribbons, or scarves are allowed. Banana clips or scrunches are acceptable. Unconventional hairstyles or hair coloring is not permitted.

6. **Jewelry**
   - Watch - must be worn with either a digital or sweep second hand.
   - Earrings – a maximum of two pairs of post studs may be worn in the ear lobes only.
   - Rings – a plain wedding band may be worn. No rings with elevated stones or ornate metal work are acceptable and only one ring may be worn on each hand.
   - Bracelets – no bracelets will be worn.
   - Necklaces - one small, neat chain or pendant necklace that will not come in contact
with the resident or become entangled during direct resident care may be worn.

7. **Smoking**
   Students will be expected to follow the smoking policy for the staff of the healthcare institution. Students may not leave the clinical setting to smoke. Students may not subject others to their secondhand smoke.

8. **Chewing Gum**
   If students feel that breath enhancement is necessary, then breath mints are suggested as chewing gum is prohibited.

9. **Personal calls**
   Can neither be placed nor received without instructor permission. No pagers or cell phones are permitted in the clinical setting. Employers, baby-sitters, family, etc. who have urgent need to speak to you while in the nursing home must contact the instructor who will determine the urgency of the message and let you know. You will be given the name and number of the caller either during the clinical experience, at break time or at the end of the clinical day depending upon the urgency of the call.

10. **Clinical time** is from 0600-1400. You are not to leave the facility at anytime during your clinical time.

11. **Attendance**
    Is mandatory to all lectures, laboratories and clinicals. You must attend the two day clinical practicum to pass this course, NRST 1500.

_____________________________________
Print Student Name

_____________________________________
Student Signature

_____________________________________
Date