CASPER COLLEGE COURSE SYLLABUS
HMDV 1485-60  HPS: Potential for Success

Semester/Year:  Fall 2006

Lecture Hours:  2    Lab Hours:  0    Credit Hours:  2

Class Time:  3:00-4:50    Days: MW, 8/28 to 10/25    Room: AD 167

Instructor’s Name:  Teresa Wallace

Office:  AD 112    Office Phone:  268-2621    Email: twallace@caspercollege.edu

Office Hours:  By appointment

Course Description:  HPS: Potential for Success is a seminar class designed so that each student increases awareness of human potential development through the concepts of social learning theory, modeling, and behavioral principles. The course emphasizes the roles of motivators, reinforcers, goals, values, successes, achievements, needs, and strengths in regard to productive individual behavior.

Statement of Prerequisites:  None

Goal:  This course is designed to help students build self-awareness and personal skills in order to increase success in school, work, and relationships.

Outcomes:  Through active participation in this course, students will:
1.  Develop a clear vision of what success means to them.
2.  Gain self-awareness in the areas of personality traits, values, skills, interests, motivators, and career preferences.
3.  Set specific, achievable short-term and long-term goals.
4.  Learn strategies for coping with negative thoughts, emotions, and behaviors.
5.  Demonstrate critical thinking and decision-making skills.
6.  Learn to overcome fear of failure and fear of success.
7.  Demonstrate appreciation of diversity and awareness of their own stereotypes/prejudices.
8.  Build skills necessary for fulfilling, healthy relationships.

Methodology:  HPS: Potential for Success is not truly a lecture course. It is structured around cooperative and experiential learning, and is based on the assumption that everyone is a potentially successful person. HPS is not group therapy; the activities of the class are structured. Emphasis is placed on an integration of thinking and feeling about oneself and others. Positive feedback is valued and encouraged.

Evaluation Criteria:  Grading is pass or fail (satisfactory or unsatisfactory). Evaluation will be based on quality of course performance including completion of assignments, attendance, and relevant active participation.  **Attendance is required and always expected.** If you must miss a class session for
any reason, please contact the instructor. Because of the importance of group participation, more than two absences will result in an unsatisfactory grade.

Required Text, Readings, and Materials: There is no required textbook for this course. Lecture materials will be taken from Denis Waitley’s book, Psychology of Success: Finding Meaning in Work and Life, McGraw-Hill, 2004. Additional handouts will be provided by the instructor.

Class Policies: Last Date to Change to Audit Status or to Withdraw with a W Grade: Because this is a half-semester course, the last day to withdraw will be the last day of class, 10/25.

Student Rights and Responsibilities: Please refer to the Casper College Student Conduct and Judicial Code for information concerning your rights and responsibilities as a Casper College Student. This code prohibits behavior that creates an “. . .intimidating, hostile or offensive work, educational or living environment.” Such behavior will be reported to the proper college officials.

Chain of Command: If you have any problems with this class, you should first contact the instructor in order to solve the problem. If you are not satisfied with the solution offered by the instructor, you should then take your problem through the appropriate chain of command starting with the department head, then the division chair, and lastly the vice president for academic affairs.

Academic Dishonesty - Cheating & Plagiarism: Casper College demands intellectual honesty. Proven plagiarism or any form of dishonesty associated with the academic process can result in the offender failing the course in which the offense was committed or expulsion from school. See the Casper College Student Code of Conduct.

ADA Accommodations Policy: It is the policy of Casper College to provide appropriate accommodations to any student with a documented disability. If you have a need for accommodation in this course, please make an appointment to see me at your earliest convenience.

Calendar or schedule indicating course content: The following topics will be covered in HPS: Potential for Success. Because the course is very student-centered, flexibility is allowed within the calendar in order to spend more or less time with certain topics, as needed.
1. The Psychology of Success
2. Self-Awareness
3. Goals and Obstacles
4. Self-Esteem
5. Positive Thinking
6. Self-Discipline
7. Self-Motivation
8. Communication and Relationships