Summer is right around the corner. With that comes summer reading at the Natrona County Public Library. “On Your Mark, Get Set, Read!” is this year’s summer reading theme and with that we have a lot of exciting activities for everyone in the family.

For the kids, we have magicians, puppets and musical robots, oh my! The regular programs, like Tween Mondays and Launching Little Learners will go on.

This year we are trying something new for our adult patrons, Field Trip Book Clubs. We planned themed book discussions coinciding with locations around town. These books will inspire you to get out and see what wonderful places Casper has to offer. Our monthly programs, Adult Coloring Club and Craftastic Saturdays, are on the agenda as well.

There is something for everyone in the family, too! Playing every fourth Friday of the month, are the classic sports films, “Space Jam,” “Cool Runnings” and “Surf’s Up.” In addition, we scheduled family nights designed to get everyone up and moving. Each month we have something new and exciting, starting with a fun dance party in June. In July, get ready for the Summer Olympic Games during our Olympic Training Camp. Then, in August enjoy off-the-couch games.

Teens also have an awesome line of programs; On Your Mark, Get Set, Make! Jenn, the teen librarian of awesomeness, has several programs involving making things, including making a visit to Pottery By You. In June, teens are building stuff. In July, bookish projects are where it’s at; giving books second lives and teens sweet decorations. The last month of summer will end on a high note with crafting galore. Teens also have an awesome line of programs; On Your Mark, Get Set, Make! Jenn, the teen librarian of awesomeness, has several programs involving making things, including making a visit to Pottery By You. In June, teens are building stuff. In July, bookish projects are where it’s at; giving books second lives and teens sweet decorations. The last month of summer will end on a high note with crafting galore.

There will also be an awesome movie lineup this summer during Teen Film Fridays. To start the summer off in June, we will show “The 5th Wave” and “Goosebumps.” Both “Mockingjay” parts 1 and 2 will be played in July. Escape the heat of August, and end the summer of Teen Film Fridays with “The Maze Runner” and “The Scorch Trials.”

Along with cool programs, each department will have cool rewards, just for reading! Read 20 minutes a day, fill out a reading log and get prizes like t-shirts, more books, even be entered into a drawing to win gift cards. So tell your friends, your friends’ friends, your parents, your parents’ friends, your aunts, uncles and grandparents. Heck, tell their friends too! Tell them to come to the library this summer to participate in one part or everything summer reading has to offer.
TIPS, TRICKS, AND TIDBITS

By Andrea Covert

As we dive into summer I encourage you to get outside and enjoy the company of friends and family! This month I am sharing an idea about making Yard Yahtzee from: thesitsgirls.com/diy/lawn-yahtzee-dice-printable-score-card.

To create your own DIY Lawn Yahtzee Dice, you will need:
- Wooden blocks (I cut 4 inch by 4 inch blocks from a fence post that I bought at the hardware store)
- Colored paint (I chose neon colors!)
- Black paint (for the dots)
- Flat foam brush
- Circle foam brush
- Sealant spray

• To begin, make sure your blocks are well sanded and don’t have any rough spots. Next, paint your blocks, making sure each side has adequate coverage so that none of the wood is showing.
• Allow enough time (24 hours) for your blocks to dry before you paint the dots.
• Next, use your circle foam brush and saturate it with black paint. You can use a picture of dice, or an actual dice to guide where to place your dots. Place your dots on each side of your dice.
• Remember, the opposite sides of the dice always add up to 7. 1-6, 2-5, 3-4.
• After painting your dots, allow at least 24 hours of drying time.
• To give your blocks a protective coat, spray them with a clear acrylic sealant. This will help preserve your paint and give them a nice shiny finish.

DIY Lawn Yahtzee Dice are the perfect way to spend the afternoon!

BIRTHDAY BOX

June

Tabitha Piper, June 1
Courtney Murphy, June 2
Justice Perez, June 3
Sandra Miramontes, June 4
Dominic Sanford, June 4
Rebecca Smith, June 7
Raven Alvarez, June 10
Alexis Ferguson, June 11
Brookelyn Gunn, June 15
Gavin Grochowski, June 18
Christopher Winslow, June 18
Destiny Grady, June 19
Lindsey Grady, June 20
Summer Giubbini, June 21
Kara Piper, June 22
Fatima Diaz Hernandez, June 23
Sarita Williams, June 24
Sarah Faulcon, June 27
Natelee Huyser, June 27
Danielle Silveira, June 27
Kristine Silveira, June 27
Jacob Harper, June 28
Kourtney Wambeke, June 28
Shalynn Foster, June 30
AMBER BENNETT WINS AWARD

Amber Bennett, a GEAR UP student at NCHS, has won a scholarship for any school of her choice, and the Youth of the Year Award to represent Wyoming through The Boys and Girls Club. To win the scholarship there are requirements that you have to complete such as: You have to be a member of The Boys and Girls Club for a minimum of two years, and you have to be a role model not only for younger children, but for the whole club and the community. Bennett and two other girls at her local level competed against her. They each wrote three essays, received recommendation letters, filled out questionnaires that asked what they would do with the scholarship, and what they would do with the Youth of the Year Award. Local winners received an additional $5,000 scholarship and advanced to the regional competitions. The Youth of the Year Award winner has a chance to get a $25,000 scholarship, that’s renewable up to $100,000 for four years.

When Bennett went to state level, she could no longer have a chance to change, rewrite or edit any of her essays as well as the other girls. Bennett had a short interview with the judges. After the interview, the judges chose who they thought should represent Wyoming in the regional competition. When Bennett received the award, she was thrilled, happy, and excited about the award. In her future she now has a scholarship for any school of her choice, and the Youth of the Year Award. She now doesn’t have to worry about having to pay for college. She would like to thank everyone at The Boys and Girls Club.

Since 1947 the Youth of the Year Award has been offered through The Boys and Girls Club. The club members that earn the Youth of the Year title embody the values of the leadership service, and learn how to live in a healthy lifestyle. The Boys and Girls Club has such an impact on the lives of young people. About 4 million youth at local levels try to win and represent their state and The Boys and Girls Club. The Boys and Girls Club provides youth of the year awards all over the United States in many different cities with a lot of people that want to represent them. The Boys and Girls Club teaches the children different things, how to live a healthy lifestyle, how to stay healthy, ways to save money, etc. The Boys and Girls Club doesn’t want students to fail, they want students to go to college, get a good career, and live a great life so they can pass it down to their children. The Boys and Girls Club is a good influence for young children, and even teenagers.


STEPH’S FITSPOT

This month is a challenge. I want each of you to send in your results. You can take a before picture and an after picture and send those in or you can simply send a weekly email letting me know you are working toward your goals. There will be a prize for those that send results to me at smarker@caspercollege.edu.


WEEK 1:
50 Squat Jumps/Day

WEEK 2:
100 Lunge Jumps/Day

WEEK 3:
50 Box Jumps/Day

WEEK 4:
25 Burpees - 25 Squat Jumps - 50 Lunge Jumps
In the next few issues we will examine and give tips to grandparents raising grandkids. We hope you enjoy this and find some helpful information.

When parents are absent or unable to raise their children, grandparents are often the ones who step in. Raising a second generation brings many rewards, including the fulfillment of giving your grandkids a sense of security, developing a deeper relationship, and keeping the family together. It also comes with many challenges. No matter how much you love your grandkids, taking them into your home requires major adjustments. But with the right guidelines and support, you can roll back the years and make a real difference in the lives of your grandchildren.

TIP ONE: ACKNOWLEDGE YOUR FEELINGS:

The prospect of raising grandchildren is bound to trigger a range of emotions. Positive emotions, like the love you feel for your grandchildren, the joy in seeing them learn and grow, and relief at giving them a stable environment, are easy to acknowledge. It’s more difficult to admit to feelings such as resentment, guilt, or fear.

It’s important to acknowledge and accept what you’re feeling, both good and bad. Don’t beat yourself up over your doubts and misgivings. It’s only natural to feel some ambivalence about childrearing at a time when you expected your responsibilities to be dwindling. These feelings don’t mean that you don’t love your grandchildren.

TIP TWO: TAKE CARE OF YOURSELF:

You probably weren’t expecting to be raising kids again at this stage in your life. At times, the physical, emotional, and financial demands may feel overwhelming. That’s why it’s vitally important that you take care of yourself and get the support you need.

When you’re preoccupied with the daily demands of raising grandkids, it’s easy to let your own needs fall by the wayside. But taking care of yourself is a necessity, not a luxury. You can’t be a good caretaker when you’re overwhelmed, exhausted, and emotionally depleted. In order to keep up with your grandkids, you need to be calm, centered, and focused. Looking after your own mental and physical health is how you get there.

Taken from Helpguide.org – helpguide.org/articles/grandparenting/grandparents-as-parents.htm.
MEET THE GEAR UP STAFF

From left to right: Anna Skimbova (GEAR UP Assistant), Stephanie Marker (Student Success Advisor), Rodney Oster (Student Success Advisor), Ray Pacheco (GEAR UP Regional Director), and Andrea Covert (Student Success Team Lead).

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also on Pinterest
pinterest.com/gearupcasper

Contact GEAR UP at:
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Strausner Hall, Room 221
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**GAME ON!**

**Father’s Day**


- Caring
- Golf
- Children
- Happy
- Dad
- Hug
- Daughter
- June
- Family
- Kind
- Father
- Love
- Fishing
- Parent
- Forever
- Read
- Friend
- Son
- Funny
- Special
- Tools

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