

# PHYSICAL EDUCATION

## Faculty

Dalen, Moline, Sharman

The physical education department offers activity classes for all able bodied students. All students are required to complete at least one semester hour in physical education activity classes to satisfy graduation requirements. A maximum of four semester credits in physical education activity classes may be applied toward the 64 semester credits needed for graduation. The physical education major may apply a maximum of eight semester credits toward graduation. These credits must come from each of four different areas of physical education activity classes: aquatic, fitness, outdoor and individual sport.

The physical education department prepares students for transfer to higher level institutions and provides activities in the basic education program that instill the knowledge, values, and skills necessary to promote an active and healthy lifestyle throughout life.

The physical education major program offers areas of concentration in teaching, exercise science (nonteaching), and health.

## Associate of Science Degree Athletic Training

### (Recommended Curriculum)

General Education (Minimum 32 credits) Credits  
General education coursework can be completed from within or outside of the major field of study.

1. Exploration and Participation  
Included in the major requirements below
2. Communication  
ENGL 1010 English I: Composition . . . . . 3  
ENGL 1020 English II: Composition . . . . . 3
3. Relationship with the World  
Human behavior . . . . . 3  
U.S. and Wyoming constitutions . . . . . 3  
Cultural environment . . . . . 3
4. General Education Electives  
Must be chosen from areas 1, 2, or 3 above.
5. Physical Education . . . . . 1

### Major Requirements

- BIOL 1000 Introduction to Biology I . . . . . or
- BIOL 1010 General Biology I . . . . . 4
- CO/M 1010 Public Speaking . . . . . 3
- FSCS 1141 Principles of Nutrition . . . . . 3
- KIN 2050 Functional Kinesiology . . . . . 3
- KIN 1052 Introduction to Athletic Training . . . . . 3
- KIN 1058 Emergency Management of  
Athletic Injury/Illness . . . . . 3
- KIN 2057 Assessment and Evaluation of  
Athletic Injury/Illness I . . . . . 3

- KIN 2058 Assessment and Evaluation of  
Athletic Injury/Illness II . . . . . 3
- KIN 2068 Athletic Training Clinical I (optional) . . . . . 1
- KIN 2078 Athletic Training Clinical II . . . . . 1
- KIN 2098 Athletic Training Clinical III . . . . . 1
- MATH 1400 Pre-Calculus Algebra . . . . . 4
- PEPR 1005 Introduction to Physical Education  
Sport . . . . . 2
- PHYS 1050 Concepts of Physics . . . . . or
- PHYS 1110 General Physics . . . . . 4
- PSYC 1000 General Psychology . . . . . 4
- STAT 2050 Fundamentals of Statistics . . . . . or
- STAT 2070 Introductory Statistics for Social  
Science . . . . . 5
- ZOO 2040 Human Anatomy . . . . . 3
- ZOO 2041 Human Anatomy Lab . . . . . 1
- ZOO 2110 Human Physiology . . . . . 4
- Electives (as indicated by advisor)

Students who plan to transfer to the University of Wyoming are advised that UW requires CHEM 1005 Basic Chemistry and CHEM 1006 Basic Chemistry Lab.

Major courses listed are designed to fit a variety of transfer programs. Students transferring to specific Baccalaureate programs at other institutions should provide their academic advisor with a copy of that program to ensure proper transfer of courses (some substitution of courses will be allowed).

A minimum of 64 approved semester credits are required for graduation. For specific graduation requirements see "Academic Policies" and "Degree Requirements."

## Associate of Science Degree Physical Education

### (Recommended Curriculum)

General Education (Minimum 32 credits) Credits  
General education coursework can be completed from within or outside of the major field of study.

1. Exploration and Participation  
BIOL 1000 Introduction to Biology I . . . . . 4  
MATH 1400 Pre-Calculus Algebra . . . . . 4
2. Communication  
ENGL 1010 English I: Composition . . . . . 3  
ENGL 1020 English II: Composition . . . . . 3
3. Relationship with the World  
PSYC 1000 General Psychology . . . . . 4  
U.S. and Wyoming constitutions . . . . . 3  
Cultural environment . . . . . 3
4. General Education Electives  
Must be chosen from areas 1, 2, or 3 above.
5. Physical Education . . . . . 1

ONLY COURSES NUMBERED 1000 OR ABOVE CAN BE USED TOWARD THE ASSOCIATE OF ARTS, ASSOCIATE OF SCIENCE, ASSOCIATE OF BUSINESS, ASSOCIATE OF FINE ARTS AND ASSOCIATE OF APPLIED SCIENCE DEGREES.

**Major Requirements**

FCSC 1141 Nutrition . . . . .	3
HLED 1006 Personal and Community Hygiene . . .	3
*HLTK 1620 American Heart Association Heart Saver First Aid, CPR and AED . . . . .	.33
PEPR 1005 Introduction to Physical Education and Sport . . . . .	2
ZOO 2040 Human Anatomy. . . . .	3
ZOO 2041 Human Anatomy Lab . . . . .	1
ZOO 2110 Human Physiology . . . . .	4

Students who plan to transfer to the University of Wyoming are advised that UW requires CHEM 1005 Basic Chemistry and CHEM 1006 Basic Chemistry Lab.

**Areas of Specialization Teaching**

CO/M 1030 Interpersonal Communication . . . . .	3
EDFD 2100 Educational Psychology . . . . .	3
ITEC 2360 Teaching with Technology. . . . .	3
PEPR 2012 Elementary School Physical Education . . . . .	3
PEPR 2460 Field Experience . . . . .	1

**Coaching Certification**

*HLTK 1620 American Heart Association Heart Saver First Aid, CPR and AED . . . . .	.33
*PEPR 1052 Care and Prevention Athletic Injuries. . . . .	3
*PEPR 2090 Foundations of Coaching . . . . .	3
PEPR 2091 Athletic Officiating I . . . . .	2
*PEPR 2100 Theory of Coaching Volleyball . . . . .	or
*PEPR 2150 Theory of Coaching Basketball . . . . .	2

\*Completion of these five courses results in an Assistant Athletic Coaching Permit issued by the Wyoming State Professional Teaching Standards Board.

**Exercise Science**

CHEM 1005 Basic Chemistry . . . . .	3
CHEM 1006 Basic Chemistry Lab . . . . .	1
COSC 1200 Computer Information Systems . . . . .	3
PEPR 1052 Care and Prevention of Athletic Injuries . . . . .	3
PEPR 2030 Motor Learning . . . . .	3
PEPR 2135 Personal Trainer Education . . . . .	3
PEPR 2460 Field Experience . . . . .	1

**Recommended:**

CO/M 1010 Public Speaking . . . . .	or
CO/M 1030 Interpersonal Communication . . . . .	3
STAT 2050 Fundamentals of Statistics . . . . .	5

Colleges offering four-year degrees in athletic training and exercise science may have program admission requirements. Please check with the college that you plan to attend.

**Health**

COSC 1200 Computer Information Systems . . . . .	3
HLTK 1200 Medical Terminology . . . . .	3
PSYC 2200 Human Sexuality . . . . .	3
PSYC 2210 Drugs and Behavior. . . . .	3
Electives approved by department head. . . . .	3

**Recommended:**

CO/M 1010 Public Speaking . . . . .	3
STAT 2050 Fundamentals of Statistics . . . . .	5

A minimum of 64 approved semester credits are required for graduation. For specific graduation requirements see "Academic Policies" and "Degree Requirements."